



BPSA WINTER FOOT SKILLS

Once again, the Brook Park Soccer Association will host our annual Winter Foot skills!



Please join us every Sunday afternoon, starting January 10th thru March 7th, at Midpark High School Gym. BPSA Coaches are volunteering their time to teach soccer foot skills, drills, exercises, fun and games to keep your youth soccer player in shape for the upcoming Spring season.

The foot skills are held **free of charge!** No registration is required....just show up during your age group! Join us every week to work on your skills. You can only improve if you attend each week!

Bring a ball, your shin guards and a water bottle. Because we are working on the gym floor, tennis shoes or indoor soccer shoes are required.

Please, NO CLEATS, tennis shoes or indoor soccer shoes only.

- 1pm—2pm: Academy U3 to U6
- 2pm—3pm: Ages U7 to U11
- 3pm—4pm: Ages U12 to U14

Every Sunday
January 10
through
March 7, 2010

**JOIN
US
IT'S
FREE**

**Foot skills held at Midpark High School
7000 Paula Drive
Middleburg Heights, Ohio**

Details always on the web at www.brookparksoccer.com
Questions? Email us at brookparksoccer@gmail.com